

Dear Managers/Team Contacts/Coaches: This is a long document which details the COVID 19 Guidelines for this weekend's tournament. Please read in its entirety and Managers/Team Officials/Coaches pay special attention to that portion which requires a "Check-In" by 8pm Friday evening.

The Virginia Beach Department of Health will be monitoring our COVID 19 guidance so your help and adherence to these guidelines is much appreciated.

CHECK-IN PROCESS (ALL TEAMS): Use the provided "Check-in link" certifying your team players/parents/relatives have no COVID-19 symptoms to your knowledge. This is a MANDATORY item and your game will not commence if the Manager/Team Official has not completed the check-in process by 8:00 pm Friday, October 9,2020. Anyone with an underlying health condition SHOULD NOT attend the event.

The link for "Check-In": <https://forms.gle/oKi96D3t77AgepCe8>

Purpose: The purpose of this document is to provide tournament staff members, referees, participants, parents, coaches, and other attendees with guidance regarding COVID-19 and expectations for the 2020 Beach FC Columbus Day Soccer Tournament. In accordance with the State of Virginia and local guidelines, we will require the following for all Tournament Staff, Players, Coaches, Participants, Spectators, Referees, and Team Managers/Officials:

General/Tournament Staff:

- a. The Tournament Staff will be in a distinctive orange vest and have a radio for any trainer or other assistance. The trainers will be located at the headquarters pavilion (HRSC) and tent (PAAC). The tournament staff will be perform all field marshaling.
- b. Tournament Staff will wear masks throughout the weekend when within ten (10) feet of attendees and ensure coaches, officials, tournament staff, players, and spectators adhere to Virginia Safer at Home Phase III Guidelines. (see Virginia Department of Health website for details).
- c. Daily check: Conduct daily screening of coaches, officials, staff, and players (below see Referee and Manager/team official responsibilities for players/spectators) for COVID-19 symptoms prior to admission to the venue/facility. Children should be screened per CDC guidance. Adults should be asked if they are currently experiencing fever (100.4 degrees Fahrenheit or higher) or a sense of having a fever, a new cough that cannot be attributed to another health condition, new shortness of breath that cannot

be attributed to another health condition, new chills that cannot be attributed to another health condition, a new sore throat that cannot be attributed to another health condition, or new muscle aches that cannot be attributed to another health condition or specific activity. Anyone experiencing symptoms are not permitted to play or allowed to participate in the tournament.

d. Maintain ten (10) feet of physical distance between all coaches, participants, and spectators, where practicable.

e. The total number of attendees (including both participants and spectators) of recreational sports is limited to 250 persons per field. We ask that you consider only the minimum amount of family necessary attend the event. Where feasible, parents should not bring siblings, friends, or relatives to observe matches to help limit the number of persons at

each field. Any person with an underlying health condition SHOULD NOT attend the event.

f. Game times will be staggered to ensure no crowding of fields or large congregations of players, teams and spectators.

g. During halftime, referees, players, and coaches should maintain at least TEN (10) feet of distance between each other.

h. The Tournament Staff will do all scoring and interaction with referees to ensure limited contact and proper social distancing.

Players/Coaches:

a. Players and Coaches will be reminded to wear masks walking to and from the fields. Coaches will be asked to wear masks when within ten (10) feet of staff, coaches, players, referees, spectators, and other attendees.

b. Team benches have been removed, and Coaches should ensure proper social distancing on their sideline. (space players out).

c. Players and coaches must refrain from celebrations or other physical contact, especially when goals are scored or when substitutions are leaving or entering the game. This includes but is not limited to: No handshakes, high fives, fist bumps, chest bumps, huddles, group celebrations, etc.

d. No shared water bottles or equipment is allowed.

e. Teams must exit the field immediately after the game ends.

f. Spitting is prohibited on and off the field.

g. Coaches and players are encouraged to bring their own hand sanitizer for sanitation during, between and after games.

h. Players and coaches are encouraged to apply hand sanitizer when coming on and off the

field and after each game.

i. Players and coaches must exit the field/complex ASAP and must not congregate at the fields or in parking lot(s). Coaches should not have post-game discussions at the soccer fields.

j. No group photographs or videos are permitted.

Participants/ Spectators:

a. Wearing of face masks at the complex and on the sidelines is strongly encouraged.

Anyone using the soccer complex restrooms, inclement weather sheltering, or the limited concession service is required to wear a face mask.

b. Spectators are to refrain from celebrations or other physical contact, especially when goals are scored or when substitutions are leaving or entering the game. This includes but is not limited to: No handshakes, high fives, fist bumps, chest bumps, huddles, group celebrations, etc.

c. All spectators must exit the field/complex ASAP and must not congregate at the fields or in parking lot(s). Coaches should not have post-game discussions at the soccer fields.

d. Teams arriving to the field for their scheduled game must not warm-up near the playing field to ensure the field remains below the maximum number of 250 people per field.

Teams should not arrive to their field more than 30 minutes prior to the designated start time.

e. Spectators can line the fields with chairs, etc. but should remain TEN (10) feet from other spectators from different households during games.

f. All participants and spectators must have a face mask with them and wear them when required as above.

g. There will no awards ceremonies. Teams may send one representative to pick-up medals at headquarters site.

Referees:

a. The Referee Coordinator will perform a health screening of all referees per guidance above.

b. Referees are encouraged to wear masks walking to and from their fields.

c. There will be no coin toss. No pre- or post-game handshakes or huddling shall take place.

Uniform/jewelry checks should be visible checks only, maintaining TEN (10) feet between the Referee and any player.

d. Referees are encouraged to apply sanitizer coming on and off the field.

e. Referees should maintain at least six (6) feet of distance between each other when communicating with their referee crew, players, and coaches. If a fourth official is present, they should maintain TEN (10) feet of distance when communicating with

coaches, players, or their fellow referees. If a fourth official's table is provided, the Referee should check that it is TEN (10) feet away from either coaching area. The fourth official should wear a mask for the duration of the game.

f. Considerations in The Case Of Injuries:

(i). As able, the Referee should keep a TEN (10) foot distance from the injured player while determining if medical attention is necessary.

(ii) If needed, allow a coach, medical professional or the injured player's parent to enter the field and attend to the player. The coach or medical professional should wear a mask and gloves.

(iii) The Referee should remind other players to keep their distance, at least ten feet, from each other, and the injured player, during the break in play. Players should not congregate.

Team Managers/Officials:

a. REPEATED FROM ABOVE: All team check-in will be completed online. No on-site check-in will be allowed.

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b. Team Managers/Officials must remind your team parents each game of the ten (10) feet social distancing requirement and wearing face masks when appropriate.

c. Teams should not arrive to the complex more than 30 minutes prior to the designated start time. The team warm up should be away from the field of play and the team and coaches must practice social distancing from others in the immediate area. No post-game discussions at the field of play and exit the

playing site as soon as feasible. Encourage limiting attendance of family, siblings, and friends where feasible.

d. No tent setups.

e. Playgrounds are closed.

Inclement Weather:

a. Social distancing must be observed during any shelter-in-place or evacuation due to inclement weather. Face masks should be worn by all and participants should not take off their equipment during the delay.

b. All participants and spectators are to return to their vehicles in the event of inclement weather. When possible, individuals in the car should be limited to members of the immediate family. If non-family members must be present in the vehicle, everyone in the vehicle should wear masks. If possible, have a back-up option for those who were dropped

off or do not have a vehicle on-site.

SUMMARY:

Failure to comply with any of the above guidelines may result in delaying or temporary stopping of games, cancellation of the tournament and/or denial of future team acceptance into the tournament. Refusal to comply with the above requirements will result in removal from the venue and team will forfeit match without refund.

The information in this document is NOT intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content, including text, graphics, images, and information, are provided for general informational purposes only. The knowledge and circumstances around COVID-19 are constantly changing and, as such, US Youth Soccer, VYSA, and Beach FC makes no representation and assumes no responsibility for the completeness of this information. Further, you should seek advice from medical professionals and/or public health officials in your area if you have specific questions. Beach FC will adhere to all Federal, State, and Local guidelines and requirements as they evolve.